

PREFERRED MEALS

September LUNCH

NEWARK EDUCATORS COMMUNITY CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
August 28, 2017	August 29, 2017	August 30, 2017	August 31, 2017	September 1, 2017
September 4, 2017	September 5, 2017	September 6, 2017	September 7, 2017	September 8, 2017
LABOR DAY	*NATIONAL CHEESE PIZZA DAY! CHEESE PIZZA Garden Vegetables Orange Sorbet 100% Juice Choice of Milk	MINI CORN DOGS & CHICKEN FUN MIX French Fries Diced Pears BBQ Sauce Ketchup Choice of Milk	*AROUND THE WORLD DAY* SWEET & SOUR MEATBALLS W/PINEAPPLE BROCCOLI & BROWN RICE Whole Kernel Corn Fresh Fruit Choice of Milk	CRISPY CHICKEN FILLET Whole Wheat Bun Taco Beans Fresh Baby Carrots Fat Free Ranch Dressing Fresh Fruit BBQ Sauce Choice of Milk
September 11, 2017	September 12, 2017	September 13, 2017	September 14, 2017	September 15, 2017
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Green Beans Diced Peaches Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Golden Potato Rounds Orange Juice Syrup Ketchup Choice of Milk	PEPPERONI PIZZA Romaine Salad Fat Free Ranch Dressing Mixed Fruit Cup Choice of Milk	MACARONI & CHEESE Mixed Vegetables Fresh Fruit Choice of Milk	*FRESH FEATURE FRIDAY* CHARBROILED HAMBURGER Whole Wheat Bun Maple Baked Beans Green Pepper Slices Fat Free Ranch Dressing Fresh Fruit Ketchup Choice of Milk
September 18, 2017	September 19, 2017	September 20, 2017	September 21, 2017	September 22, 2017
CHICKEN TENDERS W/SWEET POTATO PUFFS Whole Kernel Corn Applesauce Cup BBQ Sauce Ketchup Choice of Milk	HOT DOG W/ POTATO ROUNDS WW Hot Dog Bun Maple Baked Beans Diced Peaches Mustard Ketchup Choice of Milk	BBQ CHICKEN Whole Wheat Bun Diced Carrots Diced Pears Choice of Milk	SAUSAGE PIZZA Romaine Salad Light Ranch Dressing Fresh Fruit Choice of Milk	*NEW ITEM* MEATLOAF PANINI Mixed Vegetables Fresh Fruit Ketchup Choice of Milk
September 25, 2017	September 26, 2017	September 27, 2017	September 28, 2017	September 29, 2017
MEATLESS MONDAY** PIZZA DIPPERS Marinara Dipping Sauce Italian Mixed Vegetables Orange Juice Choice of Milk	CHICKEN QUESO BURRITO Salsa Cup Refried Beans Pineapple Tidbits Choice of Milk	*NEW ITEM* TURKEY BURGER WITH POTATO WEDGES Whole Wheat Bun Whole Kernel Corn Fresh Fruit Chipotle Ranch Ketchup Choice of Milk	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN Romaine Salad Cucumber Coins Light Ranch Dressing Applesauce Cup Choice of Milk	PENNE PASTA W/MEAT SAUCE Green Beans Fresh Fruit Chocolate Chip Minis Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.



NEW SCHOOL YEAR, NEW MENU!!!

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